



**ETHNIC WELLNESS CENTER
EVENTS CALENDAR**

MAY



bit.ly/gardnerevents

- 5/5 @ 2pm Mental Health Awareness and Wellness (Online)**
- 5/11 @ 11am Sex Abuse and Drug Addictions (Online)**
- 5/21 @ 3pm Women's Mental Health / Salud Mental de la Mujer (Online)**
- 5/22 @ 10am Emotions in Motion: A Movie & -3pm Craft Day (In-person)**



ethnicwellness@gfhn.org



CENTRO DE BIENESTAR ÉTNICO
CALENDARIO DE EVENTOS

MAYO



bit.ly/gardnerevents

- 5/5 @ 2pm Mental Health Awareness and Wellness (En línea)**
- 5/11 @ 11am Sex Abuse and Drug Addictions (En línea)**
- 5/21 @ 3pm Women's Mental Health / Salud Mental de la Mujer (En línea)**
- 5/22 @ 10am Emotions in Motion: A Movie & -3pm Craft Day (En persona)**



ethnicwellness@gfhn.org



LỊCH SỰ KIỆN CỦA TRUNG TÂM
CHĂM SÓC SỨC KHỎE DÂN TỘC

Tháng năm



bit.ly/gardnerevents

- 5/5 @ 2pm **Mental Health Awareness and Wellness (Trực tuyến)**
- 5/11 @ 11am **Sex Abuse and Drug Addictions (Trực tuyến)**
- 5/21 @ 3pm **Women's Mental Health / Salud Mental de la Mujer (Trực tuyến)**
- 5/22 @ 10am -3pm **Emotions in Motion: A Movie & Craft Day (Trực tiếp)**



ethnicwellness@gfhn.org